

J GOLDEN AGE NEWS

NOVEMBER

2019

From drizzle to downpour,
we were shakin it at the



The Golden Age Club is a program of the JCC and meets at Adath Israel Congregation, 1958 Lawrenceville Road in Lawrenceville NJ for all its Monday & Wednesday activities.

For questions or directions, call the JCC (609) 606-7070.

WEEKLY SCHEDULE

MONDAYS

10:00 Coffee and Tea

10:15-11:00 – Exercise Class
Join Linda as she leads us in stretching, strengthening and balance exercises. **Class for this period will be held on November 11th & 25th.**

11:00-11:45 – Meeting, Reports, and Current Events Forum. Phyllis Stoolmacher, a graduate of the Eagleton Institute of Politics will moderate the session.

11:45 – Lunch with Friends
Reservations are required! Call Ketti at (609) 637-0030 to sign up.

 **MARK YOUR CALENDARS!**

SAVE THE DATE!

Hanukkah Party
Monday, December 16, 2019
Meadow Lakes

Celebrate Hanukkah with Golden Age at Meadow Lakes.

Enjoy a delicious luncheon in beautiful surroundings, and a candle lighting ceremony entertainment by **Ed Goldberg and the Odessa Klezmer Band.**

Co-chairmen are Karen Katz and Shirley Nabutovsky



REMEMBRANCE

Sadly, we said good-bye to our long-time member Marcia Stern who passed away on October 18th. She was our secretary for many years and our friend.

NOVEMBER DATES TO NOTE

Tuesday, Nov. 5th – Election Day
Vote for the State Assembly, the County Executive, and Board of Freeholders. Every Vote Counts!

Monday, Nov. 11th – Veterans Day
Today we honor our men and women who have served in the military.

Thursday, Nov. 28th – Thanksgiving
Enjoy the festivities while giving thanks for having family and friends with which to share it.



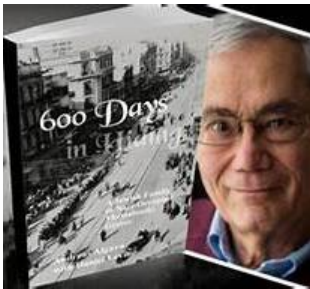
PROGRAMS

November 4

10:00 – Board Meeting

12:30 – “600 Days in Hiding”

Andreas Algava was a little Jewish boy in Thessaloniki, Greece during the Nazi Occupation of the country in World War II. His book tells the story of how his family survived the Greek Holocaust through the courage and kindness of Greek citizens. Andreas, who became Andrew when he moved to America, will relate his experiences to us and provide his book as a plea for people to live in peace and never repeat the horrors of the past.



November 11

10:15 – Exercise Class

12:30 – “Renaissance Women”

Beth Englezos, Manager of Senior Programs and Hunger Prevention for Jewish Family and Children's Service was a participant in this global Momentum Project in Israel. She experienced how women can influence their own communities and their families in the most meaningful ways via the Momentum movement.

November 18

12:30 - “The Catcher Was A Spy”

Watch this fascinating film starring Paul Rudd as Moe Berg. Moe, a professional baseball player, helped during World War II in espionage for the United States. He spoke 9 languages and helped thwart Germany's plans for an atom bomb.



November 25

10:15 – Exercise Class

12:30 - “On An African Safari” -

Lions, giraffes and a synagogue? **Jessica Harris** will take us through Zimbabwe, Zambia, Victoria Falls, Kruger National Park game reserves and Capetown. Visit the great synagogue, still in operation, and the Jewish Museum.



November Birthdays!

Karen Kaplan – November 3
Rhoda Levine – November 10
Victor Dizengoff – November 13
Irene Hechler – November 13
Cyla Schall – November 18



Sharing & Caring

Please call **Trudy Fahey** (609- 720-0030) to make a contribution in honor of any of our celebrants or for any other occasion. With a minimum \$3 donation, a note will be sent to the recipient.

Kosher meals provided by the Greenwood House & partially funded by the Mercer County Office on Aging in partnership with The Jewish Federation, Jewish Family & Children's Services and the JCC.

